

Over the River and Through the Wood...

# HOLIDAY TRAVEL TIPS



## TIP #2: Pack Snacks & Water

Even for short trips, have food and water within easy reach. Trail mix, crackers or granola bars are great non-perishable and easy-to-eat options. You never know if and how long you'll be stuck in traffic. Don't forget an extra dose of your prescription medication if applicable.



## TIP #4: Don't Drop Below ½ Full

Keep a close eye on your gas gauge: Don't let it drop below ½ full during the cold season. Whether you're stuck in traffic or in a blizzard – having extra gas to help keep you warm is priceless.

## TIP #6: Check the Weather

If you're planning a road trip, it's better to stay safely put, rather than risk your family's health by heading out at all costs. Remain relaxed and flexible for wise winter choices.

## TIP #1: Pack a Winter Safety Kit

Be sure to include a cell phone charger and hand-crank radio; ice scraper, tow rope, cat litter and shovel; gloves, blankets and a flashlight; candle and matches; antifreeze, jumper cables and a First Aid kit.

## TIP #3: Check the Vitals

It's a given: Check batteries, tires, wipers, fluids and brakes frequently during the winter months, especially before a long trip. Make sure everything is in prime condition before you hit the road.

## TIP #5: Amuse Your Passengers...

Especially the younger ones. Happy kids make for a happy ride, so pack those art supplies, books, movies, and travel pillows (nap, anyone?) Make memories and get in the holiday spirit with some good old-fashioned family car games:

### The Classic: "I Spy with My Little Eye"

Everybody takes turns to guess that special thing the leader describes, one word at a time.

### The Creative:

Once Upon a time... each family member added one fun, wacky, sentence to the family's holiday travel story.

### The Brain-Game:

Imagine going on a journey and packing a suitcase with one item after the next. Each team member must list all previously packed items before adding their own... in correct order.

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